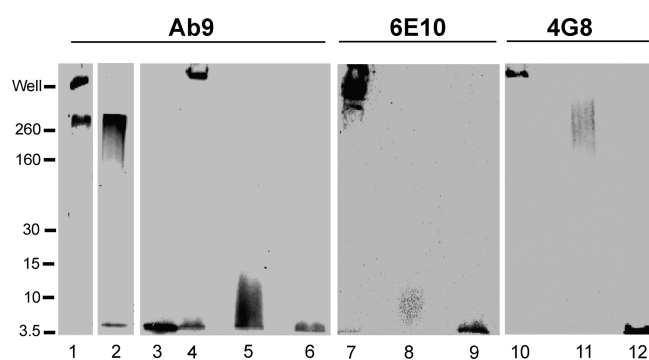


# Inhibition of A $\beta$ 42 Peptide Aggregation by a Binuclear Ruthenium(II)–Platinum(II) Complex: Potential for Multimetal Organometallics as Anti-amyloid Agents

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## Abstract



Design of inhibitors for amyloid- $\beta$  ( $A\beta$ ) peptide aggregation has been widely investigated over the years toward developing viable therapeutic agents for Alzheimer's disease (AD). The biggest challenge seems to be inhibiting  $A\beta$  aggregation at the early stages possibly at the monomeric level, because oligomers are known to be neurotoxic. In this regard, exploiting the metal-chelating property of  $A\beta$  to generate molecules that can overcome this impediment presents some promise. Recently, one such metal complex containing Pt<sup>II</sup> ([Pt(BPS)Cl<sub>2</sub>]) was reported to effectively inhibit  $A\beta$ 42 aggregation and toxicity (Barnham, et al. (2008) *Proc. Natl. Acad. Sci. U.S.A.* 105, 6813). This complex was able to bind to  $A\beta$ 42 at the N-terminal part of the peptide and triggered a conformational change resulting in effective inhibition. In the current report, we have generated a mixed-binuclear metal complex containing Pt<sup>II</sup> and Ru<sup>II</sup> metal centers that inhibited  $A\beta$ 42 aggregation at an early stage and seemed to have different modes of interaction than the previously reported Pt<sup>II</sup> complex, suggesting an important role of the second metal center. This 'proof-of-concept' compound will help in developing more effective molecules against  $A\beta$  aggregation by modifying the two metal centers as well as their bridging ligands, which will open doors to new rationale for  $A\beta$  inhibition.

**Keywords:** Amyloid, aggregation, inhibitor, platinum(II), ruthenium(II), organometallics, cisplatin, and intercalation

Alzheimer's disease (AD) is a progressive neurodegenerative disorder that leads to cognitive decline and dementia in the elderly. AD is one of the most common neurological disorders and more than 5 million people are affected in the United States alone. This number is expected to quadruple in the next few decades if no breakthrough is made toward drug discovery for combating AD (2). Brains of patients with AD contain large deposits of senile plaques composed mainly of 40- and 42-residue peptides called amyloid- $\beta$  ( $A\beta$ ) peptides.  $A\beta$  peptides undergo aggregation to form large extracellular fibrillar aggregates that deposit as plaques. Considerable evidence suggests that cognitive decline and dementia in AD patients arise from the formation of various aggregated forms of  $A\beta$ , including oligomers, protofibrils, and fibrils, and recent reports propose that low molecular weight soluble oligomers of  $A\beta$  are the primary neurotoxic agents responsible for memory deficits (3–6). Therefore, there is significant interest in developing inhibitors of  $A\beta$  aggregation toward meaningful therapeutic agents for the treatment of AD. Many rationally designed molecules have emerged as a consequence including  $\beta$ -sheet breakers (7, 8), N-methylated peptides (9), and  $\Delta$ Ala-containing peptides (10), to name a few. In addition to these, natural products such as curcumin, vitamin A, and others containing polyhydroxy phenols have been found to be effective inhibitors and in mitigating amyloid toxicity in transgenic mouse models (11–13).

The interaction of transition metals with  $A\beta$  peptide has been well characterized and is thought to play an important role in AD. Transition metal cations such as Cu<sup>2+</sup>, Zn<sup>2+</sup>, and Fe<sup>3+</sup> are enriched in amyloid plaques observed in AD brains (14–16) and are known to possess high affinity of binding for  $A\beta$  and mediate the process of aggregation *in vitro* (17). Zn<sup>2+</sup> at submicromolar concentrations was able to precipitate  $A\beta$  rapidly, while Cu<sup>2+</sup> and Fe<sup>3+</sup> induced marked  $A\beta$  aggregation under

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mildly acidic conditions (18). Moreover, nanomolar concentrations of these metals in buffers were able to induce nucleation during A $\beta$  aggregation that lead to increased rates of aggregation (19). The interactions between A $\beta$  and metal ions extensively studied; however, affinity of metals toward A $\beta$  vary to a large extent. Affinity constants ( $K_d$ ) for Zn<sup>2+</sup> binding to A $\beta$ 40 lie between 100 nM (18) and 300  $\mu$ M (17), and those for Cu<sup>2+</sup> lie between 0.1 nM (19) and 10  $\mu$ M. Nevertheless, A $\beta$ –metal interactions are well characterized and binding is known to occur at the N-terminus and histidines at the 6th and 13th or 14th position in A $\beta$  (20). More importantly, metal ion coordination can be utilized to engineer specificity of binding to regulate amyloid toxicity (21).

Recently, Barnham and colleagues reported the use of Pt<sup>II</sup> complexes against A $\beta$ 42 aggregation and toxicity (1). Pt<sup>II</sup> complexes have been used as drugs for cancer treatment for a number of years (22–24). One such example is *cisplatin* (*cis*-[Pt(NH<sub>3</sub>)<sub>2</sub>Cl<sub>2</sub>]), which is a well-known interchelator of DNA used in chemotherapy. As far as we know, the report by Barnham et al. (1) is the first attempt to use metal complexes against A $\beta$  aggregation that takes advantage of inherent metal binding ability of A $\beta$ , which has opened interesting new avenues for inhibitor designs. They reported that several metal complexes containing a Pt<sup>II</sup> metal center inhibited A $\beta$ 42 aggregation in vitro and mitigated A $\beta$  neurotoxicity in primary mouse neuronal cell culture. Among the complexes investigated, (4,7-diphenyl-[1,10]phenanthroline disulfonate)Cl<sub>2</sub> (Pt-1; Figure 1A) seemed to be the most effective in inhibiting A $\beta$  aggregation. The Pt<sup>II</sup> metal center in the complex was shown to at least bind to histidine residues. This suggested that the phenanthroline ligand in Pt-1 was able to confer specificity as well as increase its binding affinity to A $\beta$ . Although phenanthroline, like many polyaromatic compounds, has a weak affinity for A $\beta$ , the binding of Pt<sup>II</sup> increased the overall affinity for A $\beta$  resulting in effective inhibition of aggregation. This report has opened an opportunity for rational design of inhibitors by exploiting the well-established metal binding capability of A $\beta$  peptide. One rationale would be to keep the metal binding center as an “anchor” and generate appropriate ligands around it such that the secondary interactions with A $\beta$  are optimized to alter the latter’s conformation leading to effective inhibition.

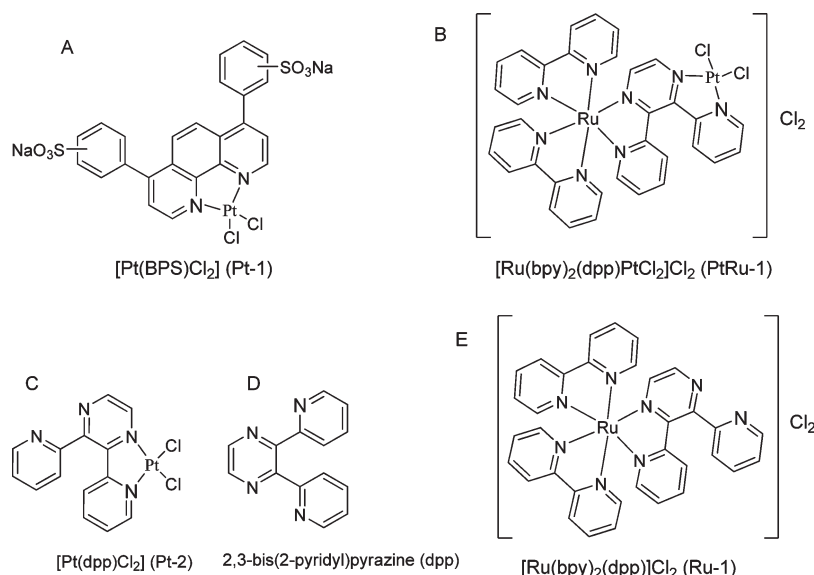
In this context, multimetal complexes can play unique roles. It is interesting to note that recent studies indicate the DNA binding capabilities of the Pt<sup>II</sup>-containing complexes with the *cis*dichloro moiety, [(L)Pt<sup>II</sup>-Cl<sub>2</sub>] (L denotes ligand), can be enhanced by incorporating another metal moiety through bridging ligands (25, 26). Many such complexes containing Pt<sup>II</sup> and Ru<sup>II</sup> centers have been investigated by Brewer and co-workers (27–29).

A wide assortment of polyazine bridging ligands exists, and many Ru<sup>II</sup> complexes of these ligands have been investigated. Ruthenium complexes of the 2,3-bis(2-pyridyl)benzoquinoxaline (dpb) bridging ligand have been shown by Murphy et al (30) to interact with DNA, who postulated that the interaction occurs via intercalation of the ligand. These observations prompted us to evaluate the rationale of using Pt<sup>II</sup>, Ru<sup>II</sup> containing complexes to further improve A $\beta$  inhibition. Therefore, in this report, we designed a binuclear complex containing Pt<sup>II</sup> and Ru<sup>II</sup> metal centers ([*(bpy)*<sub>2</sub>Ru<sup>II</sup>(*dpp*)Pt<sup>II</sup>Cl<sub>2</sub>]Cl<sub>2</sub>; Figure 1B) and analyzed its inhibitory capability toward A $\beta$  aggregation as compared with the previously reported Pt-1. We observed that although the overall inhibition was comparable between the two complexes, there were distinct differences between their modes of interaction and possibly mechanisms. The data have encouraged us to explore more avenues in designing new multimetal complexes to improve A $\beta$  inhibition.

## Results

### Rationale for Design

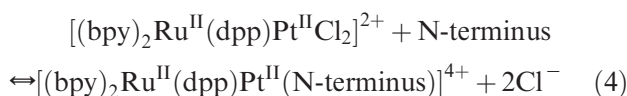
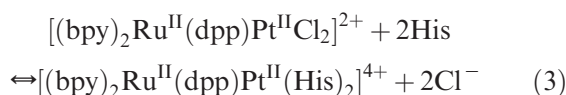
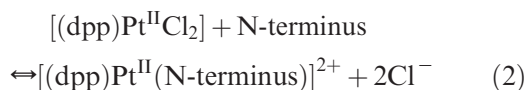
We designed our compound containing two metal centers, viz Pt<sup>II</sup> and Ru<sup>II</sup>, named PtRu-1 ([*(bpy)*<sub>2</sub>Ru<sup>II</sup>(*dpp*)Pt<sup>II</sup>Cl<sub>2</sub>]Cl<sub>2</sub>; Figure 1B) based on the compound Pt-1 (Figure 1A) that has been previously reported to effectively inhibit A $\beta$  aggregation (1). We have used Pt-1 as our positive control in our current study. A previous report suggested that the presence of phenylsulfonate groups within Pt-1 seemed to improve the ability of the compound to inhibit A $\beta$  aggregation (1). Hence, the authors hypothesized that the introduction of phenylsulfonate groups might be involved in favorable secondary hydrophobic interactions within the A $\beta$  peptide. Bearing this in mind, we designed PtRu-1 by retaining the platinum binding site and introducing a second metal center containing Ru<sup>II</sup> via a bridging ligand and hydrophobic bipyridyl ligand for Ru<sup>II</sup> center for two important reasons: (i) since recent studies indicate that the DNA binding capabilities of the Pt<sup>II</sup>-containing complexes, [(L)Pt<sup>II</sup>Cl<sub>2</sub>], could be enhanced by incorporating another metal moiety through bridging ligands (25, 26), we reasoned that similar modification to the reported Pt-1 might result in increased inhibition capability, and (ii) the bipyridyl ligands (similar to polyaromatic compounds) coordinating to Ru<sup>II</sup> will generate a large hydrophobic surface that may enhance the ability of the compound to interact with similar surfaces present in A $\beta$  peptide. As a consequence, we expected both to enhance the binding ability of the Pt<sup>II</sup> metal center to A $\beta$ 42 and to stabilize other secondary interactions, making the molecule effective for A $\beta$ 42 inhibition.



**Figure 1.** Chemical structures of the compounds used in this study.

### Computational Investigations of $A\beta$ -PtRu-1 Complex

To ascertain whether the introduction of  $Ru^{II}$  as the second metal center would enhance the binding capability of the primary metal center containing  $Pt^{II}$ , we first employed quantum chemical calculations to evaluate the comparative binding energies of the monometallic complex  $(BL)Pt^{II}Cl_2$  (where bridging ligand =  $BL = dpp$ ) and the binuclear complex  $[(bpy)_2Ru^{II}(dpp)Pt^{II}Cl_2]Cl_2$  using a polyaromatic bridging ligand,  $dpp$ , since this kind of polyaromatic ligand was found to be crucial for the  $A\beta$  inhibition by the  $Pt$ -containing complex (31). Since the  $(L)Pt^{II}Cl_2$  complexes inhibited  $A\beta$  aggregation as well as the  $Cu^{II}$ -mediated redox chemistry during  $A\beta$  aggregation, we used the proposed  $Cu^{II}$  binding sites in  $A\beta$  such as the histidines (H6 and H13/H14) and the N-terminal residue (32–34) as potential  $Pt^{II}$  binding sites in computing binding affinities, as shown in eqs 1–4, with an emphasis to compare the difference between the mononuclear complex and the binuclear one.



The histidine residues were indeed the primary ligands for the  $Pt$ -containing inhibitors as shown by NMR experiments (35). Interestingly, as shown in Table 1 both binding energies and enthalpies derived from our computational calculations suggest that histidine residues are preferred over the N-terminal residue. Due to the much larger entropy loss for binding of two separated histidine residues in such model calculations (shown in Supplementary Figure S1, Supporting Information; exact quantum chemical modeling of histidine residues in full-length  $A\beta_{42}$  is beyond current computational capability), the binding free energies of reactions eqs 1–4 show a little more favorable binding of the N-terminal residue over histidine residues. Nevertheless, compared with the monometallic complex  $[(dpp)Pt^{II}Cl_2]$ , the binuclear complex  $[(bpy)_2Ru^{II}(dpp)Pt^{II}Cl_2]^{2+}$  exhibits much higher binding affinities in terms of all energetic properties investigated here for both binding sites. These results suggest that the binuclear complex  $[(bpy)_2Ru^{II}(dpp)Pt^{II}Cl_2]^{2+}$  may possess a better  $A\beta$  inhibition behavior.

### The Bimetal Complex, PtRu-1 Inhibited $A\beta_{42}$ Aggregation

In order to explore whether our designed compound, PtRu-1, showed inhibitory behavior on  $A\beta_{42}$  aggregation, we co-incubated  $A\beta_{42}$  with varying concentrations of PtRu-1 and the previously reported Pt-1 as a positive control in separate reactions and monitored the aggregation by thioflavin-T (ThT) fluorescence (Figure 2A, B). In agreement with previous reports (36, 37), incubation of  $A\beta_{42}$  alone at 37 °C resulted in an increase in fluorescence, indicating fibril formation (Figure 2A). But in sharp contrast, the co-incubated mixture of  $A\beta_{42}$  with a 2-fold molar excess Pt-1 did not show a significant

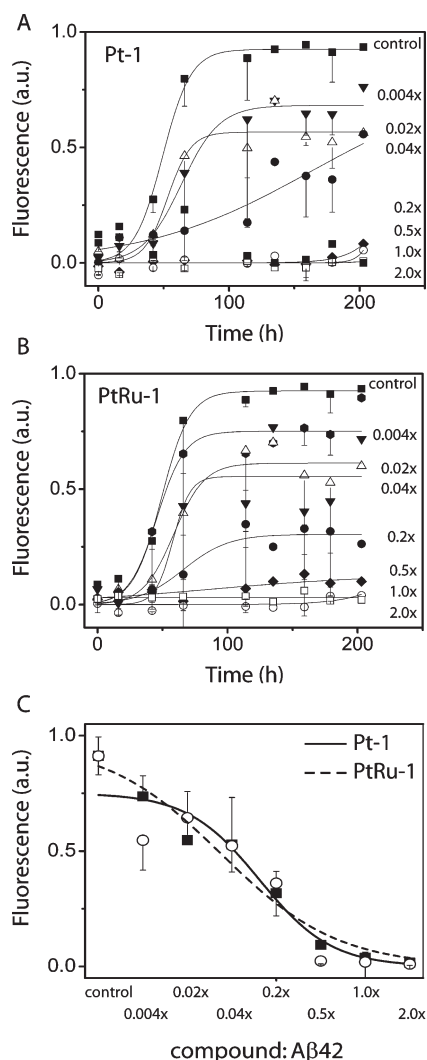
**Table 1.** Binding Energetic Properties of Pt-Containing Complexes

| complex | reaction | $\Delta E$ (kcal/mol) | $\Delta H$ (kcal/mol) | $\Delta G$ (kcal/mol) | $\Delta S$ (kcal/(mol K)) |
|---------|----------|-----------------------|-----------------------|-----------------------|---------------------------|
| Pt-1    | 1        | -22.56                | -19.29                | -11.41                | -26.45                    |
|         | 2        | -13.95                | -11.31                | -12.74                | 4.80                      |
| PtRu-1  | 3        | -369.13               | -365.65               | -356.85               | -29.51                    |
|         | 4        | -361.76               | -358.85               | -360.25               | 4.69                      |

increase in ThT fluorescence. Even after 200 h of incubation, the intensity was less than 10% of that of the control, suggesting inhibition (Figure 2A). Decreases in Pt-1 concentrations to substoichiometric levels (0.004:1 and 0.02:1 molar ratios of Pt-1 to A $\beta$ ) showed only marginal effect on aggregation (Figure 2A,B). Equimolar and 2-fold molar excess of Pt-1 resulted in nearly 90% reduction in fluorescence intensities after 200 h. Similar incubations of our designed compound, PtRu-1, with A $\beta$ 42 also showed inhibition to an extent that was nearly identical to that of Pt-1 (Figure 2B). The incubation with equimolar or 2-fold molar excess of PtRu-1 resulted in 90% reduction in ThT plateau levels while lower stoichiometric ratios resulted in steady increase in ThT levels. Both compounds exhibited a sigmoidal dose–response curve (Figure 2C) and a preliminary analysis of IC<sub>50</sub> yielded almost identical values of  $\sim$ 4  $\mu$ M for both Pt-1 and PtRu-1. This value for inhibition is slightly higher than the reported value of 0.4  $\mu$ M of IC<sub>50</sub> value for Pt-1 towards the inhibition of Cu<sup>2+</sup>-mediated hydrogen peroxide generation of A $\beta$ 42 (1).

### Inhibition by PtRu-1 Does Not Generate Oligomeric Intermediates as Opposed to Pt-1

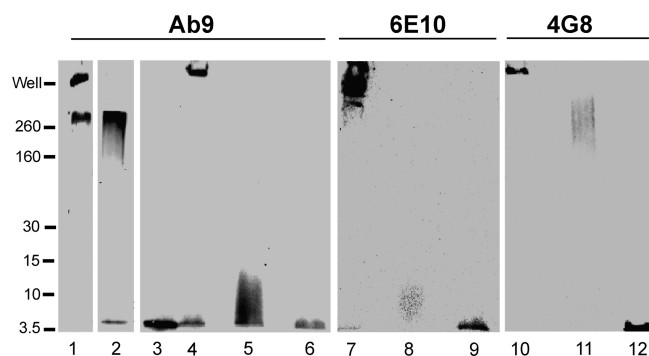
We then wanted to see whether the inhibition leads to the formation of low-molecular weight oligomeric intermediates. This is important to know because if the inhibition results in the formation of oligomers, it may increase the toxicity since soluble oligomers are widely believed to be the primary toxic agents along the aggregation pathway. Since these oligomers are commonly referred as “SDS-stable” owing to their stability toward dissociation during electrophoresis, we decided to explore the presence of A $\beta$  oligomeric intermediates, if any, generated by PtRu-1 by means of SDS-PAGE/Western blotting. However, it may not be necessary for all oligomers to be SDS-stable. Similar to Figure 2, A $\beta$ 42 samples were incubated in the presence of 2-fold molar excess of PtRu-1 and Pt-1. In addition, to make a precise estimate of the role of Ru<sup>II</sup> center, we incubated A $\beta$ 42 with other control samples such as, Pt-2 (Pt with bridging ligand alone), Ru-1 (Ru with bridging ligand alone), and dpp (bridging ligand without metals) as shown in Figure 1. After 200 h of incubation at 37 °C, aliquots of samples were electrophoresed and transferred to a nitrocellulose membrane by Western blotting, and the blots were developed using monoclonal antibodies Ab9, 6E10,



**Figure 2.** Inhibition of A $\beta$ 42 aggregation by Pt-1 and PtRu-1. (A, B) Dose–response curve obtained from ThT assay (average of two experiments). A $\beta$ 42 (25  $\mu$ M) was incubated at 37 °C in buffer (20 mM Tris, 50 mM NaCl, pH 8.0) alone (■) or with varying concentration ratios of Pt-1 or PtRu-1/A $\beta$ 42: (A) 0.5  $\mu$ M (▼), 1  $\mu$ M (Δ), 5  $\mu$ M (●), 12.5  $\mu$ M (◆), 25  $\mu$ M (○), 50  $\mu$ M (□). Aliquots were diluted 15-fold into the buffer containing ThT. The solid lines are the fit of fluorescence to lag equation. (C) Curves showing fluorescence after 180 h of incubation of A $\beta$ 42 alone and with different concentrations of Pt-1 (○) and PtRu-1 (■). The data were fit using sigmoidal curve to obtain IC<sub>50</sub> values.

and 4G8 (Figure 3). The antibodies Ab9 and 6E10 have A $\beta$ 1–16 sequence as their epitopes, while A $\beta$ 17–24 forms the epitope for 4G8 (38, 39)(Covance Inc., NJ). Clearly,





**Figure 3.** Immunoblots of  $A\beta_{42}$  inhibition by the designed compounds. The  $A\beta_{42}$  (25  $\mu$ M) was incubated alone (control) or with 10-fold excess of compounds at 37  $^{\circ}$ C for 10 days. The samples (400 ng) were electrophoresed on a 12% polyacrylamide gel followed by Western blotting and immunostaining using monoclonal antibodies Ab9, 6E10, and 4G8. Lanes 1–6, Ab9: Ru-1 (lane 1), Pt-2 (lane 2), and  $A\beta_{42}$  monomer (lane 3), control  $A\beta_{42}$  (lane 4), +Pt-1 (lane 5), +PtRu-1 (lane 6). Lanes 7–9, 6E10: control  $A\beta_{42}$  (lane 7), +Pt-1 (lane 8), +PtRu-1 (lane 9). Lanes 10–12, 4G8: control  $A\beta_{42}$  (lane 10), +Pt-1 (lane 11), and +PtRu-1 (lane 12).

the control  $A\beta_{42}$  sample in the absence of inhibitors showed the presence of aggregates larger than 200 kDa molecular weight with all three antibodies (lanes 4, 7, and 10, Figure 3), which is consistent with the formation of fibrils observed in ThT fluorescence data (Figure 2). The incubation of Pt-1 and PtRu-1 resulted in a significant inhibition of  $A\beta_{42}$  aggregation as observed by the absence of fibrils and the presence of monomeric bands (lanes 5 and 6, respectively), and more importantly, incubation with PtRu-1 did not indicate the presence of any oligomeric species when probed with Ab9 (lane 6, Figure 3). However, it was interesting to note that Pt-1 incubation generated a diffuse band in the  $\sim$ 7–10 kDa range corresponding to the molecular weight of dimer–trimer (2–3mer) (lane 5, Figure 3). We consistently, although with varying degrees of intensity, observed the diffuse 2–3mer band in all incubations with Pt-1 that was absent with PtRu-1. Probing the blot with 6E10 produced results that were similar to those from Ab9 (lanes 7–10, Figure 3). However, when the blot was probed with 4G8, we neither observed monomeric nor 2–3mer bands in co-incubations with Pt-1. Instead, a larger aggregate band  $\sim$ 100 kDa was observed that was absent in immunoblots with Ab9 or 6E10. In addition, monomeric band was also absent, as opposed to PtRu-1 incubation (lanes 11 and 12). Furthermore, the immunoblots of the samples were probed with an “oligomer specific” antibody, A11 (40), to ascertain whether oligomers were present and specifically to see whether 2–3mers formed by Pt-1 could be detected. However, we failed to observe any bands in the blots, suggesting oligomeric species were absent in incubations containing both compounds (data not shown). These data may suggest two possibilities: (i) both Pt-1

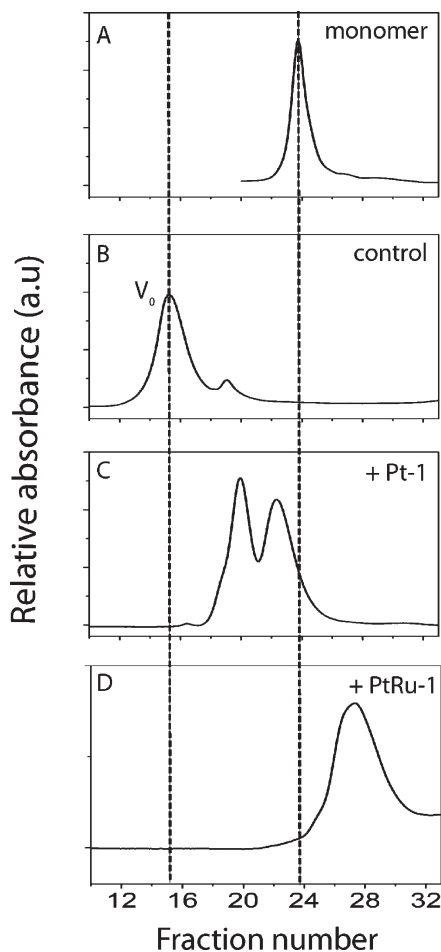
and PtRu-1 are able to effectively inhibit  $A\beta_{42}$  aggregation and Pt-1 may be able generate or stabilize a 2–3mer form, although to a small extent compared to PtRu-1, and (ii) it is possible that both monomeric and oligomeric bands observed may arise due to the partial dissociation of diffuse aggregates upon addition of 1% SDS present in the sample buffer during electrophoresis. Therefore, caution is advised that SDS-PAGE must not be “overinterpreted”. Nevertheless, immunoblotting with two antibodies with nonoverlapping epitopes of  $A\beta$  suggested that oligomers were formed in the presence of Pt-1 may have an assembly that is different from other aggregates. The control samples, Ru-1, Pt-2, and dpp (data not shown) failed to inhibit  $A\beta_{42}$  aggregation, which suggested that both Pt<sup>II</sup> and Ru<sup>II</sup> metal centers are essential for PtRu-1 to inhibit.

### Fractionation of $A\beta_{42}$ Aggregates Indicate Potential Differences between PtRu-1 and Pt-1

Next, we wanted to see whether the inhibition of Pt-1 indeed generated oligomeric intermediates as opposed to PtRu-1. Therefore, we fractionated  $A\beta_{42}$  incubations with 2-fold molar excess of PtRu-1 or Pt-1 incubated at 37  $^{\circ}$ C, using a Superdex-75 size exclusion chromatography (SEC) column after 400 h. The  $A\beta_{42}$  sample in buffer alone fractionated predominantly in the void volume with no indication of monomers present suggesting largely aggregated species in the sample (Figure 4A, B). This observation is consistent with the increased ThT fluorescence and  $>$ 200 kDa band observed in SDS-PAGE gel (Figures 2 and 3 respectively). In a striking contrast, the fractionation of  $A\beta_{42}$  co-incubated with Pt-1 showed two peaks that were partially included in the column volume suggesting that they could be intermediates of aggregation (Figure 4C). However, the fractionation of  $A\beta_{42}$  co-incubated with PtRu-1 not only showed the absence of such intermediates, the sample also eluted in volumes that were more included than  $A\beta_{42}$  monomer itself (Figures 4A, D). The control samples did not show significant monomer retention in their elution profiles consistent with the SDS-PAGE data (data not shown). The metal complexes alone were fractionated close to the inclusion volume of the column, which is  $\sim$ 20 mL (fraction 40) (data not shown). These data suggest that the size of the aggregates inhibited with Pt-1 were larger than monomeric  $A\beta_{42}$  and those with PtRu-1 were smaller. It is possible that the binding of PtRu-1 may result in some structural changes leading to more “compact”  $A\beta$  monomer, in which case it can fractionate later in a SEC column. Nevertheless, it is clear from SEC fractionation that there is a significant difference between PtRu-1 and Pt-1 inhibitions of  $A\beta_{42}$  aggregation.

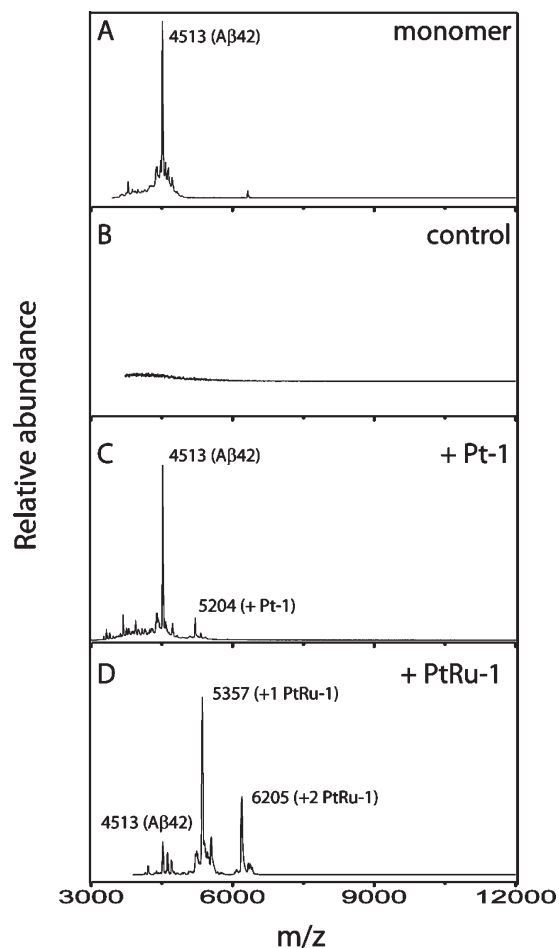
### Mass Spectrometry Suggests Different Modes of $A\beta$ –Inhibitor Interactions

The results from SEC fractionations encouraged us to explore whether we can detect the possible intermediates



**Figure 4.** Size exclusion chromatography (SEC) analyses of A $\beta$ 42 inhibition. The A $\beta$ 42 samples incubated with 10-fold excess of Pt-1 or PtRu-1 were subjected to SEC fractionation after 18-days of incubation with a flow rate of 0.5 mL/min. (A) A $\beta$ 42 monomer control, (B) control A $\beta$ 42 in the absence of inhibitors, (C) A $\beta$ 42 with 2-fold excess of Pt-1, and (D) A $\beta$ 42 with 2-fold excess of PtRu-1. Aliquots of 250  $\mu$ L samples were loaded on a Superdex-75 column, and the elutions were monitored at 215 nm.  $V_0$  in the figure represents the void volume (7.5 mL) of the column. The inclusion volume of the column is  $\sim$ 20 mL (Fraction no. 40). This is data from one of the three experiments performed.

with MALDI-ToF mass spectrometry. If what we observed as 2–3mers in SDS-PAGE gel is indeed real and not generated due to the dissociation during electrophoreses, we may be able to detect this species on MALDI (MW  $\sim$ 8–12 kDa). MALDI was performed in both linear and quadratic reflectron modes, and the instrument was calibrated with standards for both low (3–25 kDa; Protein Standard I) and high molecular weight (20–70 kDa; Protein Standard II) ranges. Aliquots of samples that were subjected to SEC (Figure 4) were analyzed on MALDI. The Pt-1 incubated sample showed an intense peak with  $m/z$  value of 4513 amu corresponding to monomeric A $\beta$ 42 and another less intense peak with a  $m/z$  value of 5204 amu that corresponded to A $\beta$ 42 bound to one molecule of Pt-1 as



**Figure 5.** Mass spectrometry analysis of inhibition. Samples used for SEC in Figure 4 were analyzed by MALDI-ToF after 10-days of incubation. (A) A $\beta$ 42 monomer control, (B) A $\beta$ 42 alone in the absence of inhibitors, (C) A $\beta$ 42 with Pt-1, and (D) A $\beta$ 42 with PtRu-1. All the samples were mixed with sinapinic acid matrix to a final amount of 12 pmols.

reported previously (1) (Figure 5C). However, we could not detect any peak above  $\sim$ 5300 amu, which we expected to observe for 2–3mer or any other oligomeric form. PtRu-1 indicated some unexpected peaks in MALDI. Besides a less intense monomeric peak, the sample indicated the presence of peaks with  $m/z$  values of 5357 and 6205 amu corresponding to one and two molecules of PtRu-1 bound to A $\beta$ 42 (Figure 5D). Although one cannot make quantitative assessments from MALDI data, we can say that a major amount of A $\beta$ 42 monomers are present in a form bound to PtRu-1. Based on the control A $\beta$ 42 sample spectrum, which showed no monomeric peak (Figure 5B) (consistent with the formation of fibrils), such a semiquantitative estimate is justified. The observation with PtRu-1 is in contrast to Pt-1, where the majority of A $\beta$ 42 monomers are not bound to Pt-1 (Figure 5C). Put together, the overall data suggests that the stoichiometry as well as the mode of binding to A $\beta$ 42 between the two compounds may

be different, consequently affecting their inhibitory capabilities.

## Discussion

Data in this report collectively suggest that the bimetal complex, PtRu-1, inhibits A $\beta$ 42 aggregation nearly as effectively as the previously reported Pt-1 and form a fundamental basis for the development of multimetal complexes as inhibitors of A $\beta$  aggregation. Also, PtRu-1 displays distinct differences in binding and inhibition of A $\beta$ 42 compared with Pt-1. The data not only suggest a mechanism of PtRu-1 inhibition that possibly is different from that of Pt-1, but also shed insight into the details of Pt-1 inhibition that was not discussed in the previous report (1). First, Pt-1 inhibition generated intermediates observed in SEC fractionation that were clearly absent in PtRu-1 incubations. Our repeated attempts to characterize the intermediate fractions of Pt-1 (fractions 19 and 22; Figure 4C) by MALDI-ToF failed to indicate the presence of oligomers (data not shown). This may be due to poor desorption/flying of oligomeric ions from the matrix. To address this issue, we used different matrices such as  $\alpha$ -cyano-hydroxy cinnamic acid (CHCA) and sinnapinic acid; however, we could not detect any oligomeric species. Nevertheless, this result was in stark contrast to PtRu-1, which did not show oligomeric intermediates in SEC, suggesting an extent of inhibition that is different from Pt-1. In fact, PtRu-1 incubations fractionated in later volumes than the monomer itself (Figure 4D). Furthermore, the MALDI mass spectrum of the unfractionated incubation of PtRu-1 clearly showed both one and two molecules of PtRu-1 bound to A $\beta$ 42 as opposed to one molecule of Pt-1 (Figure 4C,D). Also, the MALDI spectrum of fraction 28 indicated the presence of monomeric A $\beta$ 42 with two molecules of PtRu-1 bound (data not shown). It is clear from these data that there is more than one binding site for PtRu-1 in A $\beta$ 42 as opposed to one for Pt-1. As a consequence, PtRu-1 may alter the random coil conformation of monomeric A $\beta$ 42 to a more compactly folded form resulting in a smaller hydrodynamic radius observed by the delayed fractionation in SEC. Interestingly, both PtRu-1 and Pt-1 showed two peaks in SEC that may indicate two distinctly populated species, but we currently do not have any additional experimental evidence to claim so. It is also clear from the SDS-PAGE gels that the oligomeric intermediates generated in the presence of Pt-1 are not stable in high concentrations of SDS and dissociate during electrophoresis. Although we do not boil our samples prior to electrophoresis (because A $\beta$  aggregates are well-known to dissociate (37, 41), some aggregates may dissociate in high SDS concentrations, suggesting their instability. However, we did observe a diffuse

banding pattern consistently in our gels between 8 and 12 kDa (2–3mer) with Pt-1. Nevertheless, it would be speculative to conclude whether these oligomers were pre-existent or generated during electrophoresis.

The precise measurement of binding energy, conformational changes, morphology, etc. still needs to be understood in order to gain molecular details of mechanism of inhibition, and we are currently in the process of doing so. Nevertheless, the “proof-of-concept” data presented here has shed insight into our rationale for developing structure-based multimetal complexes against A $\beta$  aggregation. There are plenty of factors one can exploit in designing multimetal inhibitors, such as, choice of metal centers, which in turn can dictate the geometry and binding affinity around the binding site and choice of ligand to optimize both primary and secondary interactions with A $\beta$ . In addition, organometallic compounds are unique in a way that one can design molecules to force the “randomly unstructured” A $\beta$  monomer to bind and to convert the conformation to a potentially nonamyloidogenic conformation to effect inhibition, which is otherwise difficult. By doing so, one can develop inhibitors not only for A $\beta$  but also for many other amyloidogenic proteins such as  $\alpha$ -synuclein and prions, which are known to bind metals and are involved in pathogenesis of many neurodegenerative diseases.

## Methods

### Materials

A $\beta$ 42 was synthesized by the Peptide Synthesis Facility at the Mayo Clinic (Rochester, MN). MALDI-ToF mass spectrometry revealed >90% purity of both peptides. SDS, bovine serum albumin, and thioflavin T were procured from Sigma (St. Louis, MO). All other buffers and salts were obtained from VWR, Inc.

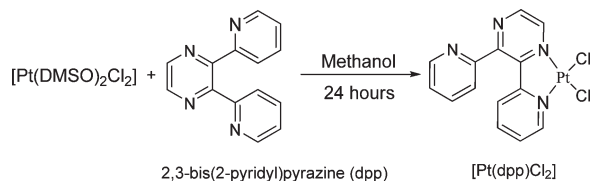
### Syntheses of Organometallic Compounds

Commercial reagent grade chemicals and solvents, which were purchased from either Sigma-Aldrich or VWR Scientific, were used without further purification. *cis*-[Pt(DMSO)<sub>2</sub>Cl<sub>2</sub>], [Pt(BPS)Cl<sub>2</sub>] (Pt-1), and [Ru(bpy)<sub>2</sub>(dpp)PtCl<sub>2</sub>]<sup>2+</sup> (PtRu-1) were prepared by previously reported procedures (42–44). The purity of the complexes was confirmed by <sup>1</sup>H NMR (Supplementary Table, Supporting Information).

**Synthesis of [Pt(dpp)Cl<sub>2</sub>].** This complex was synthesized as follows: [Pt(DMSO)<sub>2</sub>Cl<sub>2</sub>] (0.116 g, 0.275 mmol) and methanol (30 mL) were added to a 100 mL round-bottom flask, followed by 2,3-bis(2-pyridyl) pyrazine (0.064 g, 0.273 mmol). The reaction mixture was stirred at room temperature for 24 h, then filtered. The residue was washed with methanol, followed by ether, and then air-dried. The filtrate was concentrated to a minimum volume by rotary evaporation; then the remaining product was precipitated with ether to yield a second crop of product. Combined yield = 0.1136 g (83%).



This compound was characterized by  $^1\text{H}$  NMR (Supplementary Table, Supporting Information).



### Computational Calculations

Structures of all species involved in reactions 1–4 were optimized using a hybrid Hartree–Fock and density functional theory method BHandHLYP (45, 46) with a SDD (47) basis for metal elements and 6-31+G(d) basis for nonmetal elements, an approach similar to previous calculations of late transition metal complexes (48–51). For the bimetallic complexes, because the bpy ligands are not directly in contact with the A $\beta$  residues that are coordinated to Pt, a 3-21G(d) basis was used for geometry optimization for efficiency. Enthalpies, entropies, and Gibbs free energies were also calculated at the same level of geometry optimization. However, the reported reaction electronic energies were evaluated at a higher level with a 6-311++G(2d,2p) basis for nonmetal elements and a SDD basis for metal elements, together with a PCM method (52–56) to account for solvent effects in the aqueous solutions. The energy differences of such high level calculations and corresponding low-level calculations were also added to the reaction enthalpies and reaction Gibbs free energies from direct geometry optimization and frequency calculations to yield the reported results in the text. All the calculations were carried out using the *Gaussian 03* program (57).

### Polyacrylamide Gel Electrophoresis (PAGE) and Immunoblotting

Samples were dissolved in loading buffer (1 $\times$  Laemmli buffer) containing 1% SDS, applied without heating to 12% acrylamide gels containing bis-Tris, and resolved in Laemmli running buffer with 0.1% SDS. Dye-linked MW markers (Blue Plus2 Prestained Standards, Invitrogen) were run in parallel for calibration. Gels were electroblotted onto 0.45  $\mu\text{m}$  Immobilon nitrocellulose membranes (BioTrace NT, Life Sciences Inc.). Blots were boiled in a microwave oven in PBS buffer for 2 min, blocked overnight with PBS buffer containing 5% nonfat dry milk and Tween 20, and probed (1.5–3 h) with 1:1000–1:2500 dilutions of monoclonal antibodies Ab9 or 6E10, which detect A $\beta$ (1–16), or 4G8, whose epitope is A $\beta$ (17–24). Blots were then incubated with an anti-mouse horseradish peroxidase (HRP) conjugate and developed with ECL reagent (Thermo Scientific Inc.).

### MALDI-ToF Mass Spectrometry

MALDI-ToF mass data were collected on a Bruker Daltonics microflex (Bruker Inc.) using both linear and quadratic reflectron modes. The samples were mixed in equal volume with a saturated solution of absorbing matrix (sinnapinic acid or CHCA (10 mg/mL) in 50% ACN and 0.5% TFA), and 2  $\mu\text{L}$  (10–12 pmol of A $\beta$ 42) was spotted on a MSP AnchorChip 600/96 A-H format (Bruker Daltonics). All the experiments were carried out at a laser intensity of 45% and detection gain ranging from 1.50 to 3.00 after calibration with both Protein Standards I and II (Bruker Daltonics) before each measurements.

### Size Exclusion Chromatography (SEC)

Column preparation and use generally were described previously (58). In brief, samples (0.5–1.0 mL) were loaded onto a 1  $\times$  30 cm<sup>2</sup> Superdex 75 HR 10/30 column (Amersham Pharmacia) attached to an AKTA FPLC system. The column was pre-equilibrated in 20 mM Tris-HCl (pH 8.0) at 25  $^\circ\text{C}$  and run at a flow rate of 0.5 mL/min. One minute fractions were collected.

### Preparation of A $\beta$ 42 Monomers

Lyophilized stocks of A $\beta$ 42 were stored at  $-20$   $^\circ\text{C}$  desiccated. The peptide was dissolved at 0.5–2.0 mM in 30 mM NaOH (59) 15 min prior to SEC on a Superdex 75 column. Peptide integrity after SEC was again confirmed by MALDI-ToF mass spectrometry. Monomeric A $\beta$ 42 was used within 2 days of SEC purification in all experiments. Concentrations of A $\beta$  were determined by UV absorbance with a calculated extinction coefficient of 1450 cm<sup>-1</sup> M<sup>-1</sup> at 276 nm (www.expasy.org).

### A $\beta$ Aggregation Reactions

All reactions and measurements were made at room temperature unless otherwise noted. Reactions were initiated in siliconized eppendorf tubes by incubating appropriate concentrations of freshly purified A $\beta$  monomer in buffer without agitation. Aggregation kinetic parameters were obtained by monitoring the reaction with ThT and fitting fluorescence data points to the sigmoidal curve in the following equation (60) using Origin 7.0.

$$F = \frac{a}{1 + e^{-[(t - t_{0.5})/b]}}$$

In this equation,  $t$  is time,  $a$  and  $b$  are fixed parameters, and  $t_{0.5}$  is the time to reach half-maximal ThT fluorescence. Data points were unweighted. Lag times were equal to  $t_{0.5} - 2b$  for each fitted curve.

### Fluorescence Spectroscopy

ThT fluorescence measurements were performed as described previously (58, 61). Briefly, the fluorescence was monitored in a microcuvette with a Cary Eclipse spectrometer (Varian Inc.) after 15-fold dilution of A $\beta$ 42 samples into 5 mM Tris-HCl (pH 8.0) containing 10  $\mu\text{M}$  ThT. Continuous measurements were taken for 1 min with the excitation wavelength fixed at 450 nm, the emission fixed at 482 nm, and the excitation and emission slits set at 10 nm, and the average fluorescence value was determined. The fluorescence of solvent blanks was subtracted.

### Supporting Information Available

Computational models of PtRu-1 binding to N-terminus of A $\beta$ 42 and  $^1\text{H}$  NMR data for the ligand and complexes. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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### Author Contributions

A.K. and V.R. generated all the biophysical data; J.F.O., N.L., and A.A.H. synthesized the complexes; R.L.K. and Y.Z. generated the computational data.

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### Abbreviations

BPS, 4,7-diphenyl-1,10-phenanthroline disulfonic acid disodium salt; bpy, 2,2'-bipyridine; dpp, (2,3-bis(2-pyridyl)pyrazine).

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